



Life Journey Worksheet – Nine Essential Skills

Collect	Reflect								
Points of interest	<i>Essential Skills</i>								
Identify Activity (Tasks)	<i>Reading Text</i>	<i>Writing</i>	<i>Document Use</i>	<i>Computer Use</i>	<i>Oral Communication</i>	<i>Thinking Skills</i>	<i>Numeracy</i>	<i>Working with Others</i>	<i>Continuous Learning</i>